

First Aid and CPR Instructor



First Aid & CPR Instructors support the Red Cross First Aid Program through the delivery of our First Aid and CPR courses. Candidates enter our comprehensive Instructor Development Program, designed to prepare them to support dynamic, learner-centered classroom environments.

FIRST AID & CPR INSTRUCTOR DEVELOPMENT PATHWAY

Below is the pathway to become a certified First Aid & CPR Instructor. You must successfully complete each step before advancing to the next step. Certification is valid for three years.

1 EVALUATE SKILLS AND CHECK PREREQUISITES



Confirm prerequisites are met: you must be 18 years or older, have a valid participant certificate for the program you wish to teach, and successfully complete a skills evaluation.

2 FUNDAMENTALS OF INSTRUCTION



Complete the Fundamentals of Instruction online component (8 hrs*), and a classroom component (14 hrs 30 min) focused on the application of fundamentals.

3 DISCIPLINE-SPECIFIC CLASSROOM COMPONENT



Attend the discipline-specific classroom components (14 hrs 30 min), which focuses on the specific skills of that program.

4 TEACHING EXPERIENCE



Complete the Teaching Experience online module (30-45 min*) and a classroom component with the support of a Teaching Experience Supervisor.

5 CERTIFICATION



The final step is the certification. Congratulations! You are now officially a certified Instructor.

* Online learning time will vary depending on the learner.

RESOURCES

Fundamentals of Instruction – First Aid Programs (online component access PIN)

Fundamentals of Instruction – First Aid Programs (ebook)

Fundamentals of Instruction – First Aid Programs Workbook

Instructor Guide (discipline specific)

Participant level products

Boulevard (online instructional resources)

The Teaching Experience – First Aid Programs (online component access PIN)